



#### For whom

All children aged 0 to 4 years are warmly welcome, accompanied by Mom, Dad, or any other accompanying person

Registration / Fee

Registration is not required, attendance is always possible

A contribution of 3.- CHF per family (including a morning snack) is requested for each attendance Free trial lesson

Toddler Group Nünnewil Toddler Group «Kunterbunt» Flamatt Mhere Nhere At the cafeteria of the gym On the ground floor of the hall in Flamatt old library Austrasse 8, 3175 Flamatt Dorfstrasse 26. 3184 Wünnewil When Every Thursday morning Mhen Every Tuesday and Friday (except during school holidays) morning (except during 08:45 AM - 10:45 AM school holidays) 09:00 AM - 11:00 AM Contact Ramona Cima Contact Liliane Schaller  $(079\ 250\ 00\ 59)$ (079 741 38 06) Selin Götschi (079 389 58 01) Aljessa Limani (079 585 02 72)

## Parental Counseling

The Mothers' and Fathers' Counseling is a service within the healthcare system and is freely available to all interested caregivers of infants and toddlers up to the age of 5. It provides support in the new role as parents, with breastfeeding, questions regarding the return to work, in promoting healthy development, and much more.

#### Where

In Wünnewil: Location situated below the parish room, Dorfstrasse 7 In Flamatt: Meeting Center «Begegnungszentrum», Freiburgstrasse 10

#### When

Wünnewil: Every first Tuesday of the month Flamatt: Every second Monday of the month

#### Contact

SPITEX Sense, 026 419 95 66 / muetterberatung@spitexsense.ch

### Playgroups

For whom Children aged 3 to 4 years

### Registration / Fees

Online registration at: https://www.wuennewil-flamatt.ch/anmeldungtarifesg



All parents with children of the corresponding age will be personally contacted and informed about the registration process. Costs according to the rate list of the playgroups (see the link above).

Contact

Mirjam Suter-Heller, 026 496 03 27 / <u>spielgruppe@wuennewil-flamatt.ch</u> Tuesday and Thursday 08:00 AM – 11:45 AM / 02:00 PM – 05:00 PM

Playgroup « Spüùnäscht » Nünnewil

- WhereDaycare Center (Kita)Schlösslistrasse 113184 WünnewilWhenMonday Wednesday
  - When Monday, Wednesday, Thursday 08:30 AM – 11:00 AM

Monday 01:30 PM – 03:30 PM

Playgroup «Müslistube»		
Flamatt		

Begegnungszentrum Freiburgstrasse 10 3175 Flamatt

When

Where

Tuesday, Thursday, Friday 08:30 AM – 11:00 AM

Thursday 01:30 PM – 03:30 PM



## Integration Offer

## German course for Parents and Children

Migrants with limited German language skills are encouraged for improved integration. Through basic German language training, parents can gain confidence in everyday interactions with others and institutions. Their children have the opportunity to socialize with peers, fostering the development of essential social skills. This aims to facilitate their transition to playgroups and kindergarten.

Where	Begegnungszentrum Freiburgstrasse 10 3175 Flamatt
When	Every Monday (except during school holidays) 09:00 AM – 11:00 AM
Contact	Elly Schaible-El-Attar (076 602 10 77)

# Intercultural German Café

The Intercultural German Café aims to provide all women, regardless of their native language or nationality, with the opportunity to regularly practice the German language. It serves not only as language support but also as a platform for social networking and the promotion of shared values. Everyday situations, current topics and questions are discussed over coffee and cake with German-speaking women, allowing for the practical application of German language skills. A free childcare service is available during the café sessions.

WhereBegegnungszentrum<br/>Freiburgstrasse 10<br/>3175 FlamattWhenEvery Monday (except<br/>during school holidays)<br/>09:00 AM - 11:00 AMContactRamona Cima<br/>(079 250 00 59)

## Parental Guide Letters – Pro Juventute



The Pro Juventute Parental Guide Letters accompany parents during the first six years of their child's life. These letters, presented in a concise and informative manner, provide useful information and practical tips tailored to the child's age.

The Parental Guide Letters are printed brochures that are regularly delivered to you by post. Additionally, the letters for the first year of life are also available in digital form in various municipalities' websites.

The municipality of Wünnewil-Flamatt covers the costs of the Parental Guide Letters for new parents.